









COVID-19 pandemic represented an unprecedented challenge—for our community and for people everywhere—in ways that we are only now beginning to understand. During this pandemic United Way of Randolph has continued to support our 17 partner agencies who have continued offering services in many different ways as they meet the needs of the most vulnerable in our community and hope to continue doing so with your financial support. We will highlight a few of those agencies to give you the opportunity to reflect on how they provided services during this time.



## Improving people's health.

• Increasing **health education** and preventative care

Due to the COVID-19 Pandemic, all Randolph Senior Adults Association (RSAA)centers closed effective at 5pm on March 18<sup>th</sup>. Senior Centers and Adult Day Care closed; we knew that we still needed to provide the basic services to our Senior Adult Clients. RSAA implemented the following plan one of the most critical services we provide is our Meal Programs.

We knew that if we could not provide nutritious meals to our Clients that many of them would go without during the pandemic. Therefore, we created a **frozen** meal program. We provide 10-frozen meals every two weeks to all of our Clients and these are the same meals that are typically served hot...just frozen during the COVID-19 virus period. All meals meet the USDA requirement of a 1/3 daily nutritious meal. RSAA stays in contact with our Clients by making daily telephone calls to determine if they are OK; how they are doing with their frozen meals.

and if there are any specific needs. Our Centers are preparing a package of materials that will help the Senior Adults pass the day - items such as word puzzles, hidden object search, adult coloring, updates on the virus; etc. These packages go out with every frozen meal delivery. Every Senior Adult on a Meal Program has also received a mask from RSAA. The COVID-19 Pandemic has not stopped the need of nutritious meals for our Senior Adults and we have not stopped serving!